

This is a Hybrid training with seats for \$500 (virtual) & \$800 (in-person)

A **Certified Peer Support Specialist** (also known as a Certified Peer Specialist) supports individuals struggling with challenges pertaining to mental health, psychological trauma, or substance use. This specialist has significant life experience in substance use, incarceration, mental health challenges, or other challenging life experiences. This training focuses on the core competencies used in the peer recovery model and on effective strategies, methodologies, tools, and techniques used in the model.

DESCRIPTION: This 72- hour Hybrid training is one of several elements required for PRS certification thru the Virginia Certification Board. This training will be conducted both in-person & via Zoom. A Zoom link will be provided for all virtual participants. REQUIRED ARE: laptop/desktop computer with web cam and microphone, a valid regularly checked email address and an internet speed of at least 10mhz.

DURATION: 72-hour curriculum:

- 6 weeks, 10 hours per week (60-online classroom hours)
- 12 hours of homework during 6-week training

DAY/HOURS: Thursday: 5:00 PM – 8:15 PM and Saturdays: 8:30 AM–5:00 PM
Starting Date: Thursday, April 7th, 2022
Ending Date: Saturday, May 14th, 2022

**** Saturdays includes a 30 min lunch and several 10-minute breaks ****
*** Thursdays include one 15-minute break***

APPLICATIONS: Completed applications are due by April 1st

INFORMATION: For more information or to request/submit application, go to <https://www.vaprs.org/> or contact:

Kelvin.Manurs@gmail.com Phone: 571-245-4568

TRAINING: As a peer-to-peer reentry organization Arm & Arm provides peer support, outreach, mentoring, programs, and training to returning citizens from incarceration with a focus on building inclusively whole and healthy communities. Arm & Arm uses Certified Peer Recovery Specialists (CPRS) and Trainer of Trainers authorized by the Department of Behavioral Health and Developmental Services (DBHDS) to train individuals in the 72-hour curriculum needed for the certification as a CPRS from the Virginia Certification Board.

