

Arm & Arm's Innovative Professional Development Training (IPD)

*Are you involved in the Peer Support model for Returning Citizens, Substance Users, Veterans, Individuals with Mental Health Challenges? Are you a Certified Peer Recovery Specialist? Peer Recovery Mentor? Peer Coach? Are you looking to improve your skills and the tools in your Toolbox? If you fall into any of these categories, **THIS PROFESSIONAL DEVELOPMENT TRAINING IS FOR YOU!***

To secure a seat, PayPal, check, or money order made, out to Arm & Arm, for \$150.00 is required prior to the first session. All those who complete the training will receive a completion certificate with notation of hours trained.

Description: This is 15-hour professional development training. The training is five consecutive days Monday thru Wednesday, from 11am – 4pm. **MUST COMPLETE ALL (3) SESSIONS FOR CERTIFICATE**

Training is Monday thru Wednesday, starting June 20, 2022, and ending June 22, 2022, from 11am – 4pm.

Virtual Training: (This is a virtual training presented via Zoom)

Topics:

Incarceration & Trauma
The Role of the Faith Community
WHAM and WRAP Life Planning Models
Effective Communication with Self and Others
Cognitive Distortions & Permission Giving Thoughts

Trainers: Kelvin Manurs and the Arm & Arm Team. Kelvin is a Certified Peer Recovery Specialist, and PRS Trainer authorized by VA DBHDS, who leads a team of CPRS's. Arm & Arm is a peer-to-peer behavioral health organization that provides peer support, outreach, mentoring, programs, and training.

Please email a copy of your completed application to Kelvin Manurs by June 16, 2022, for consideration at the following email address: Kelvin.Manurs@gmail.com. For questions, please Contact us at: (571) 245-4568 or email armandarm2014@yahoo.com Questions should be directed to (571) 245-4568 or www.armandarm.org

