

The Foundation for a Drug-Free World is a nonprofit public benefit corporation that empowers youth and adults with factual information about drugs so they can make informed decisions and live drug-free.

No one likes to be lectured about what he or she can or cannot do. Thus, we provide the facts that empower youth to choose not to take drugs in the first place.

Through a worldwide network of volunteers, 50 million of drug prevention booklets have been distributed, tens of thousands of drug awareness events have been held in some 180 countries and Truth About Drugs public service announcements have been aired on more than 500 television stations. These materials and activities have helped people around the world learn about the destructive side effects of drugs and thereby make the decision for themselves to not use them. A former drug user and returning citizen once told us that if they really understood what these were, truly, they would not be on them.

The Foundation for a Drug-Free World's sole purpose is to create **high impact** and **effective** drug education materials. The data is meant to empower youth and adults with facts about drugs so they can understand more fully what they might be addicted to, what they might run into and consider taking or might have always wondered about and maybe been unsure of.

The Foundation for a Drug-Free World DC Chapter is in the community and we see on a daily basis the destruction and degradation brought about by the use of drugs by individuals of all backgrounds, socioeconomic status, race or belief and they are just killing our communities.

We want to see people succeed and our communities thrive so we are very passionate about making sure that individuals get the opportunity to receive the information they need in order to make informed decisions about drugs in their lives.

We work with a lot of different organizations here in DC, including government, nonprofit, community, private, health care, schools, parents as well as with passionate individuals.

All informational materials are available for free.

#### What these are, are:

- 1. Educational booklets
- 2. Public service announcements
- 3. Documentary chapters
- 4. Educator's package
- 5. Free e-courses

The informational materials are awesome because they are interesting to read, they grab and hold the attention and they're easily assimilated. The booklets cover the most common street drugs, their history, makeup, effects (both short term and long term), statistics and other useful information.

The documentary chapters are set up similarly, told by individuals who have lived it.

There is also a free online course that takes an individual through all of the booklets online, as well as the visual elements of the documentary chapters and Public Service Announcements, giving them a better understanding of what might be around them.

We all grow up with different information about drugs. I can't say enough about learning more about these substances and how effective that is in assisting individuals in being able to make their own independent decisions to better help themselves. You can't force anyone to make different decisions about their lives but you can give them the best tools possible to reach for different more survival and beneficial solutions.

So all of these materials can be obtained hardcopy in booklet and DVD format or online at <a href="https://www.drugfreeworld/download">www.drugfreeworld/download</a>.

### **Truth About Drugs Program**



## **Drug Education Booklets**

The Truth About Drugs is a series of fourteen illustrated drug information booklets containing facts about the most commonly abused drugs.

This website contains the full text of these booklets, which were specifically written for young people, but contain facts adults need to know as well.

Written in plain language, easy to understand, and available in 22 languages, this information explains the physical and mental effects of drugs on a person. It tells true stories of people who have used drugs and became addicted to them.

For anyone considering using a drug or already using it, or anyone who knows someone using drugs, check out the booklets or the website so you have all the information you need to make an informed decision.

The first booklet, entitled *The Truth About Drugs*, gives a factual and concise overview of exactly what drugs are, how they work and what they do. It gives the street names as well as the long- and short-term side effects of the most common substances. As a booklet, it is the recommended general handout for distribution in any community and to share with friends, family and others.

Each individual drug has its own section with a lot more facts and stories of users.

The booklets and this site are resources for anyone—kids, parents, teachers, counselors, law enforcement officers, youth workers, drug prevention and rehabilitation specialists, health professionals or corrections and probation officers.

The fourteen drug information booklets are also free and can be ordered as a set, or each one of them can be ordered separately in any quantity. Please go to order booklets: https://www.drugfreeworld.org/request-info/truth-about-drugs-booklet.html?bk=truth

To download the booklets, go to: https://www.drugfreeworld.org/download

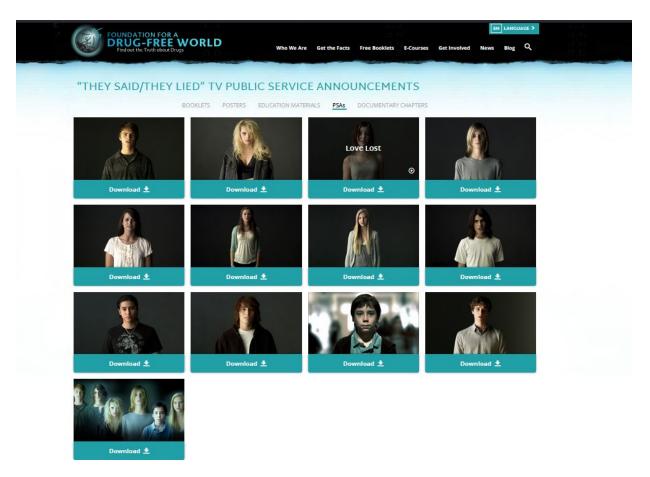


#### **Public Service Announcements**

Also part of the Foundation for a Drug-Free World's current anti-drug program, there are sixteen anti-drug public service announcements. These award-winning videos are based on real-life situations and expose the most commonly held myths about drugs.

The PSAs serve as powerful openers for drug education presentations, as well as the perfect introduction to the Foundation's series of factual and compelling drug education booklets. This combination has proven to be an effective way to get both young people and adults interested in learning the truth about drugs and, more importantly, gives them the information they need to make an informed decision to remain drug-free.

The series of PSAs can also be ordered on DVD for replay. DVDs may also be used as part of community-wide drug awareness campaigns as in distributing the PSAs for airing to local network and cable stations, movie theaters, malls, sports arenas, train stations and airport terminals.



### **Truth About Drugs Documentary**



The best way to convey the truth about drugs is through the words of **those who have "been there."** By telling their stories, they can pass on what they have learned so others avoid going down the same path.

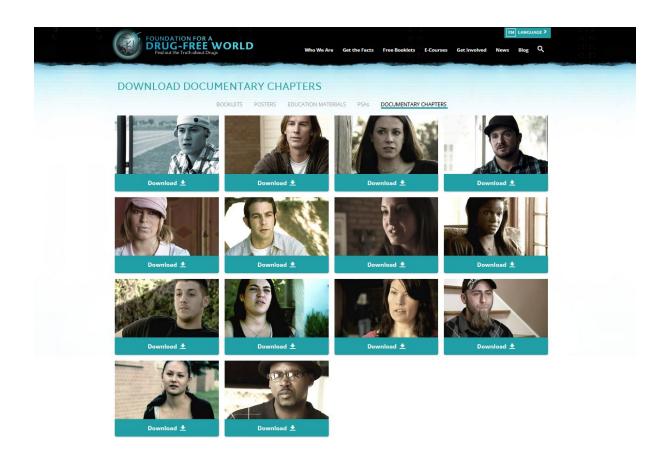
"My goal in life wasn't living...it was getting high. I was falling in a downward spiral towards a point of no return. Over the years, I turned to cocaine, marijuana and alcohol under a false belief it would allow me to escape my problems. It just made things worse. I had everything, a good job, money, a loving family, yet I felt so empty inside. As if I had nothing. Over twenty years of using, I kept saying to myself, I'm going to stop permanently after using this last time. It never happened. There were even moments I had thought of giving up on life." —John

"It started with the weed, then the pills (Ecstasy) and acid, making cocktails of all sorts of drugs, even overdosing to make the rushes last longer. I took copious amounts of these chemicals every day for as long as two years until I had a bad trip one night and went into toxic psychosis. I prayed and cried for this feeling to go away, I had voices in my head, had the shakes and couldn't leave home for six months. I became very withdrawn and thought everyone was watching me. I couldn't walk in public places. Man! I couldn't even drive.

"I ended up homeless and on the streets, living and sleeping in a cardboard box, begging and struggling to find ways to get my next meal.

"I asked myself if this is rock bottom, and I believe that it was. While observing these homeless people I decided that I had had enough. Yes I wanted drugs, but I realized that I could want life more." —Ben

To download the documentary chapters, go to: <a href="https://www.drugfreeworld.org/download">https://www.drugfreeworld.org/download</a> and click on the DOCUMENTARY CHAPTERS TAB at the top:



## **Effective Drug Education Tools For All Educators**



The Truth About Drugs Education Package

The Truth About Drugs Education Package contains practical tools to educate both young people and adults about substance abuse.

No one questions the severity of the drug problem and its devastating impact on individuals where drugs undermine health and destroy lives.

The best solution is to reach people with effective, fact-based drug education—before they start experimenting with drugs, but people can be reached at any point. Individuals who know the facts about drugs are much less likely to start using them.

The core of the Foundation's education program consists of the 1 hour and 42 minute documentary, *The Truth About Drugs: Real People—Real Stories*.

The documentary is supplemented by fourteen drug information booklets and award-winning public service announcements.

This *Truth About Drugs Education Package* is the ideal supplemental aid. It fills the growing demand for practical tools to help the teacher, instructor or drug prevention specialist communicate the truth about drugs swiftly and effectively. It provides lesson plans, assignments and classroom activities that capture and retain students' attention—and elicit their participation. Students willingly read, view and, most importantly, use the information to make the right choices about drugs.

To order the *Truth About Drugs Education Package* go to: <a href="https://www.drugfreeworld.org/request-info/drug-free-world-education-package.html">https://www.drugfreeworld.org/request-info/drug-free-world-education-package.html</a>



# Free Truth About Drugs E-Courses

This series of interactive Truth About Drugs courses has been designed so you can learn the truth about drugs at your own pace. Find out what drugs are, what they are made of, their short- and long-term effects, and view real stories from real people about each of the most popular drugs of choice. To begin, go to <a href="https://www.drugfreeworld.org/course">https://www.drugfreeworld.org/course</a>.



For more information please go to www.drugfreeworld.org or:

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