EDUCATION. HOPE. SOLUTIONS.

YOUR VOICE MATTERS

WELCOME

Welcome to the First Virtual Peer Solutions, Leadership Summit.

The Peer Solutions, Leadership Summit is not a recovery summit, nor an opioid crisis summit, or a coronavirus update informational session. The intent of the summit is to provide strategic, innovative, and a holistic approach of thinking, how to address societal challenges as it relates to hope; now that the world is reopening and beginning its new normal. Attendees at our summit include professional and non-professional persons who have shared interests in education, hope and solutions with reference to what steps of knowledge could society utilize from the peer support workforce moving forward.

We look forward to you joining the chat discussions, networking, learning from the presenters / speakers, as well as engaging in our interactive poll questions. This summit is scheduled to be nothing but extraordinary, and we are glad you are here.

Miss Rhonda L Johnson, Visionary, H.O.P.E. Influencer

www.NowHope2Reality.com



AGENDA

Welcome

House Keeping

Disclaimer

First Poll Question

• What are the greatest needs that society is facing the most?

First Presenters Group

Second Poll Question

• Which level of SELF is most important to you?

Second Presenters Group

Third Poll Question

• What area (s) are Peer Support needed the most?

Third Presenters Group

Fourth Poll Question

• What is your profession or position?

Fourth Presenters Group

Q & A Swag Bag

DISCLAIMER

The virtual Peer Solutions, Leadership Summit is not a recovery summit, nor an opioid crisis summit, or a coronavirus update informational session.

All presenters' viewpoints, opinions, beliefs, thoughts and expressions are solely the presenters own personal opinions and experiences. They do not purport the opinions of the Peer Support, Leadership Summit or Now Hope 2 Reality, LLC, Certified Business Enterprise; and are not intended to malign any religion, ethic group, gender, culture, club, organization, agencies or individuals, nor anyone or anything.

The Peer Solutions, Leadership Summit is being recorded. If you should choose not to be recorded please turn off your video cameras. No part of the Peer Solutions, Leadership Summit may be recorded, reproduced or transmitted in any means, electronic or mechanical, including but not limited to video or audio recording, photograph, photocopy or any other information storage or retrieval system known now or in the future, without the explicit written permission of the Peer Solutions, Leadership Summit, Now Hope 2 Reality, LLC, Certified Business Enterprise Organizers.

The Peer Solutions, Leadership Summit chat is being utilized for networking and information sharing. All attendees have permission to download the chat that will be utilized as a channel for networking, resources and or collaboration.

The Peer Solutions, Leadership Summit moderators hold the right to remove any offensive, disruptive or any comments they deem inappropriate. Any attendee that is removed from the summit will not be allowed to return without any notification.

We are not having it! The chat is being monitored and recorded. If any offensive chat should be reported, the Zoom platform authorities will be notified.

If you should feel that any of the topics or information that is being shared from the Peer Solutions, Leadership Summit applies to you personally, or if you feel you are in a mental health, or relapse or a behavioral health, or life crisis, or whatever crisis to any discussion and or topics, the Peer Solutions, Leadership Summit's Organizers encourage you to seek an assessment from a qualified behavioral health professional, or qualified clinician, or other health care practitioner, and or contact 911 right away. (*Any Crisis*)

The Peer Solutions, Leadership Summit does not recommend or endorse any specific products, or medical providers or recovery entities. **There are no** corporate or commercial sponsors for this summit.

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Meet the Presenters



Dr. Almustaphael Al-Kahlil-Bey, a native of Baltimore, Maryland has over 50 years' experience in the helping profession. A person in long term recovery: drug and alcohol free since 1987.

A father of four grown daughters and grandfather of six. Dr. Bey received his master's in social work from the University of Maryland at Baltimore in 1997 specializing in Clinical Administration & Mental Health. He completed his undergraduate studies at Sojourner-Douglas College in Baltimore (1993). In 2009 defended

his dissertation (Deciphering the Disease Concept of Addiction) for his Doctorate in Addictions Ministry & Counseling from Association of Christian Alcohol and Drug Counselors (ACADC). He currently holds certifications as Master Addictions Counselor, Certified Family Counselor under Philadelphia Child Guidance. Registered Peer Supervisor and Special Matters Expert in Addictions Certification.

Dr Bey, is a licensed Professional Counselor and Holds Certification as a Master Reiki Practitioner and Teacher and Certified Breathologist. He specializes in designing interventions from an African Centered perspective, to treat communities, families & individuals with (Post) Traumatic Social Imbalances.

In 2002 he was part the team that designed and developed the first SRO (28 Bed Occupancy) Transitional Housing Facility for Men in Northwest Baltimore, Maryland (Carrington House). Dr. Bey, presently serves as Clinical Director at Safe Haven's Outreach Ministries, in Washington, D. C. as well as a Behavioral Therapist at Rebound Health and Wellness in the District.

Dr. Al-Kahlil-Bey attributes continues as the President and Director of Continuing Education Life Solutions, Inc, which specializes in Consulting for Addictions Professionals. He serves as the President Site Administrator and Dissertation Adviser for Bishop Institutes and is the current Chapter Chairperson for The Oxford House World Council. In addition to his work, Dr. Al-Kahlil-Bey presently sits as Credentialing Chair and Education Chair for the Maryland Addictions Professional Behavioral Health Counselor Certification Board and is a current member of The Information Knowledge and Growth Institute (IKG) in the District of Columbia. Dr Bey's continued knowledge with the Association for the Study of African American Life and History, as well as the National Museum of African American History and Culture and he is the Elder and Co-Leader of the Black Awakening Movement, an African Centered Social Conscious Advocacy Group.

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Doug Brinker DTM, M.A. CPSS

Club Growth Director

District 62 **Email:** douglas@douglasbrinker.com

Doug Brinker's whole life was that of a shy introvert as a result of several years in an orphanage children's home while being bullied and nearly drowned at 10. In 1981 Doug joined the US Navy in an attempt to escape life after high school graduation. Fast forward, Doug joined Toastmasters, a communication and leadership organization originally in 1991 as a way to overcome his shy introverted behaviors and learning to share his bullying experiences. 1999 Aug 7 Doug made his first attempt to end his life and again in February 2001. Returning back to the military for discipline was his best option for recovery.

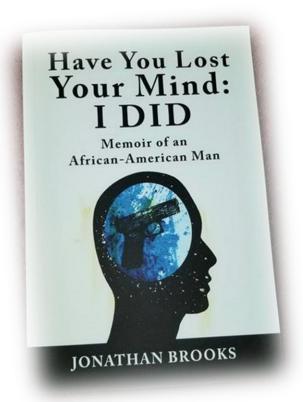
After a medical retirement from Iraq in 2004 Doug began his college journey at 43 years of age graduating with an Associates in Business Administration 2008, from Jackson Community College, bachelor's in communication 2011 Eastern Michigan University and more recent 2020 Masters in Communication from Eastern Michigan University. Today 20 years in Toastmasters and recently earning DTM Distinguished Toastmaster an achievement only 2% of all Toastmasters reach, his shy introvert is gone he has found his voice and as the Founder of Beacon 4 HOPE LLC a Suicide Prevention Speaking



2004 Disabled Iraq Veteran

Business. Doug is now a Beacon 4 HOPE to Veterans, Active Duty and our Youth and all others who are Suicidal.

Personally, Doug is a proud father of two sons, one whom is a US Marine Lance Corporal Austin Fero and his oldest Son Kyle Douglas. Married to Kim of nearly 10 years, Doug works at LifeWays CMH as a Certified Peer Support Specialist in his last year before retirement. Doug serves as Mental Health Director for the Dept of Michigan VFW and sits on the Jackson County Suicide Coalition and the newly formed Jackson County Veterans Suicide Coalition. Currently, Doug serves District 62 Toastmasters as a Trio member as Club Growth Director overseeing the building of new clubs and supporting all clubs in achieving excellence throughout most of Michigan.



Have You Lost Your Mind: I Did is the title of my first book which was published in December 2021.

It chronicles my life and experiences of dealing with addiction and mental illness. My story started with me growing up in Baltimore where I was the youngest of four children. My family and friends watch me spiral into addiction and succumb to a major mental illness.

I became incarcerated in Washington DC after a series of crimes in 1995. I was sentenced to 16 years to life on two charges and found Not Guilty By Reason of Insanity on the remaining charges. I was sentenced to St. Elizabeth's Hospital in a building for the criminally insane. In that very dark place, I found hope again.

I was one of the founders of the Patient Advisory Council that uplifts the inpatient population. I was participating in the training to become a Certified Peer Specialist at the same time of my discharge in 2014. I was blessed to work for Catholic Charities as a peer on an Assertive Community Treatment team. I decided to further my education and completed a Master of Public Administration in 2019.

In 2018, I was amazed to receive an offer from the Department of Behavioral Health to return to St. E as the supervisor for the Consumer & Family Affairs team who supported me during my time at the facility. My journey has had many hills and valleys, but I know that God has me where I am supposed to be. Being able to advocate and support my peers who in many cases I consider them family brings me a joy that I could have never imagined. I am eternally grateful to be a part of the story of recovery and redemption that peers can experience.



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Anna Mable-Jones CPRS, NCPRSS, CCEP is an Oxford House Resource Coordinator in Washington, DC and Maryland, a nonprofit network of 3,336 (internationally) self-help recovery homes. She assisted in opening 43 DC/MD Oxford Houses. She is a woman in long term recovery who has been in recovery since 1999 and has worked with Oxford House, Inc. since 2000.

Mrs. Jones is a recipient of the 2005 Oxford House Founders Award. Anna is a true ambassador for women in recovery. She radiates the power of recovery and transformation every day. Anna is a trainer in Wellness Recovery Action Plan Facilitator and CCAR Recovery Coaching Trainer. Anna is a Certified Core Energetics Practitioner. She has had many opportunities to work with community organizations and leaders to promote the societal benefits of prevention, treatment and recovery for substance abuse and mental illness.

One of Anna's passions in life is to be a continuous educator of hope and persistence and shares her experiences freely. Along with devoting her spirited knowledge to Oxford House, she has also created a successful 12-Step bible study called Life Recovery at her local church and is the CEO of Core Life Recovery Compass, a Reiki Master Teach and Certified Optimum Life Breathology teacher.

Anna enjoys traveling throughout the countryside with her husband and taking in live jazz festivals. Her strong presence and sincere desire to help people achieve their utmost potential in life are a blessing to all she encounters.

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<u>Anna.jones@Oxfordhouse.org</u> Anna Jones Oxford House



For more than three decades, Dr. Green Lane has supported community-based prevention initiatives addressing the social determinants of health.

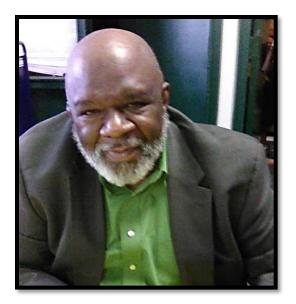
Currently, she is the program manager for the Wards 7 and 8 DC Prevention Center, Washington, DC Opioid Response. As such she provides technical assistance to community-based entities to address the opioid crisis in Wards 7 and 8 which have the highest number of opioid fatalities in the city. To find naloxone near you, in the DMV area, text LiveLongDC to 888-811 and you will receive a map with locations and details.

Dr. Green Lane provides evidence-based drug education, prevention, and harm reduction strategies to support youth, parents, seniors, and other stakeholders on substance use and other drug trends. In addition, Dr. Green Lane has provided support for innovative poverty reduction programs, managed the launch of the Congress Heights Family Success Center at Far Southeast Family Strengthening Collaborative and, skilled in four evidence-based parenting curricula.

She earned her MBA/PHD in business administration from Berne University International Graduate School, Executive Certificate in Nonprofit Management from Georgetown University, and BA in Psychology from the University of the District of Columbia.

Dr. Nura Green Lane is a proud fourth generation Native Washingtonian. She currently resides in Ward 7 with her husband and children.

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Dr. M. Julius Hayes, is the founder of the Saturday Academy for Positive Self-Development which was created in an effort to construct an environment to combat today's disinterest in an appreciation for learning, to negate the celebration of violence and self-destruction; to eradicate the need for substance abuse dependency; and to offset the enhancement of negative self-image reinforcement. Dr. Hayes is a Certified Positive Discipline Parent Educator, ordained to preach, teach, counsel, coach, minister, and mentor serving as a Faith-based Engagement, Community Life Pastor in Virginia. He has the ability to articulate the multifaceted functions of the community, ecumenically building support, seeking to span all religions for empowering fathers, youngsters, families and their children through various programs and services.

Dr. Hayes provides behavioral consultation to school districts, Court Service Units and Correctional Facilities he uses five cornerstones: education, empowerment, encouragement, inspiration and support to engage healthy dialogue. His giftedness, faith, spirit sensitivity engaged in a particular ministry situation; understanding of God through scripture; theology, the history of God's people, and other disciplines of learning; and keen awareness of the context keeps him in high demand nationally and internationally.

Dr. Hayes serves as an advisor to the Junior Brotherhood and family Life, of The Brotherhood of St. Andrew (The Episcopal Church). His broadcast resume includes 103JAMZ (Deja's View), WAVY-TV 10 (NBC Affiliate) and WVEC-TV 13 (ABC Affiliate). A partnership with home, church, community, and family emphasize a problem-solving approach to discipline, and creates a formidable shield of protection and hope. Dr. Hayes is thankful for his Christian rearing and spiritual foundation and was nurtured and encouraged by his late parents and his spiritual and intellectual father Rev. Dr. William A. Jones, from Brooklyn's historic Bethany Baptist Church to always "keep before him his God intended destiny."

Dr. Hayes is the recipient of the 2010 Father of the Year award for the Commonwealth of Virginia as voted by 100 Fathers, Inc. Washington D.C., of which he still holds today. He is a member of The White House Fatherhood Working Group, The White House Initiative on African American Academic Excellence, under The U.S. Department of Education and serves as advisor, and National Board member to The 100 Fathers Inc. Washington D.C. Dr. Hayes was nominated by the 100 Fathers Inc. Washington D.C., for his exemplary efforts to improving the well-being of children, and his commitment to the fatherhood movement.

This resulted in his receiving an invitation from President Obama to join him for the 2013 Fathers' Day Celebration at the White House, honoring fathers highlighting his advances in father involvement, resulting from fulfilling his responsibility as a father. Today, with much of the public concern about youngsters and male focused on strategies that are reactive to the existing outcomes, Dr. Hayes has formed collaborative partnerships that provide the resources to address holistic leadership in each youngster beyond systematic classroom scores. In keeping with the vision provided to him, he has implemented the Youth Leadership Development Institute (YLD), serving youngsters through outreach, with schools, churches, courts, recreation centers, and public officials.

www. Faith Has Me. org

Rhonda L Johnson is a native Washingtonian, and resident from the Nation's Capital, Washington, DC . She is the CEO / Author / Certified Peer Specialist Consultant, for the Now Hope 2 Reality, LLC, Certified Business and Small Business Enterprise Company.

Compelled by societies lack of knowledge, stigma, and misunderstandings regarding what are Co-Occurring Disorders, Miss Johnson has become an advocate for change and transformation to share her story of hope, her triumphs, and challenges, along with her experiences, living life with depression, addictions, and suicidal ideations.



Miss Johnson has published four books entitled: Memoirs Of An Addict: Fact or Fiction (2014)

Mary/Pumpkin's Recovery Girl (2017) What About the Children? The Neuroplasticity, Implicit Bias Theory, (2021) and The H.O.P.E. Influencer Diary, (2022). Each book provides education, hope and solutions, that move beyond in-patient and out-patient treatment care, to sustainability living a normal life beyond addictions and mental health for children and adults. Miss Johnson's books begin the uncomfortable conversations, and a different perspective on how society must explore Trauma Informed Centers, as well as Family In-patient and Out-patient Treatment Centers and programs for children born addicted to drugs, or families who live in an environment of chaos and economic depression.

In 2018 Miss Johnson became the visionary, founder, and lead organizer for the walk event entitled: **DC Walk 4 ReCovery**, that took place on the Washington, DC National Mall. This free family event was located across the street from the African American Cultural Museum and the Washington Monument in 2018 & 2019. Invited guests and thousands of visitors on the National Mall, were able to receive and celebrate what recovery looks like with resource information, and peer collaborations that included music and hope. In 2018 and 2019, the DC Walk 4 ReCovery received local and national media attention, in which Miss Johnson was interviewed and featured in the Washington Post. With the support of the committee members, the contributors, the participants, vendors and the many volunteers, along with great weather, the event was amazing.

Miss Johnson is a Certified Peer Specialist, a CCAR Recovery Coach, a former Washington, DC Neighborhood Family Champions, for the Early Childhood Innovative Network (ECIN) and the Far Southeast Family Strengthening Collaborative. In 2018 Miss Johnson became a member of the U.S. Attorney's Office for the District of Columbia Heroin & Opioid Working Group, and in 2019 she was appointed to the Washington, DC Mayor's Opioid Fatality Review Board. In 2021 she became a member of the Washington, DC Department of Behavioral Health Integrational Stakeholder Advisory Group.

Miss Johnson's passion is to share the message to those who feel lost, hurt and battle stigma and or shame, to know and understand that there is help, hope and treatment out there...**Never Give Up! YOU ARE NOT ALONE!**

www. Now Hope 2 Reality.com

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Thank you for attending this extraordinary event!

YOUR VOICE MATTERS



What will your legacy be H.O.P.E. Influencer?